



**LASIK
POST OPERATIVE GUIDELINES**

Name _____ DOB _____

What are the required post-op visits?

- + 1 day
- + 3 - 5 days
- + 1 month
- + 3 months

Clinical examination:

Special care should be taken to examine the LASIK flap for any abnormality:

- + LASIK flap should be free of any sign of infiltrate or infection.
- + LASIK flap should be smooth with no wrinkles and well-apposed edges.
- + Other than sterile fibers or blood the interface should be clear.
- + Early signs of interface opacities, such a whitish/grayish opacities could be DLK and require increase steroids and/or referral to nJoy Vision.
- + Epithelial defects may trigger a DLK response and may require BCL and increased steroids and/or referral to nJoy Vision.
- + Bandage contact lens may be present. Avoid manipulating bandage contact lens or replacing unless absolutely needed.
- + Sub-conjunctival hemorrhage is normal.
- + Superficial punctate keratopathy and/or poor tear film may be present and is normal early on.
- + Epithelial ingrowth is typically found later during recovery around the typical 1 month post-operative exam and may require referral to nJoy Vision for evaluation. Epithelial ingrowth greater than 2mm inward requires referral to nJoy Vision.

Clinical Presentation:

- + 1 day post-operative UCVA may range normally between 20/15 and 20/50.
- + Patients treated for myopia may be slightly hyperopic early on with expected regression toward plano.
- + Patients treated for hyperopia may be slightly myopic early on with expected regression toward plano.
- + Astigmatic patients may show opposite axis cylinder early on with expected regression toward plano.

Patient's instructions:

- + Patients should follow all written and oral instructions from nJoy Vision including precautions and use of medications.

Doctor communication with nJoy Vision:

- + Please keep nJoy Vision informed of any complications and feel free to call with any questions or concerns.
- + Please FAX in all post-op examinations to nJoy Vision as soon as possible to 405.842.6130.

Pred Forte	One drop four times daily for 5 days including the day of surgery
Zymaxid	One drop four times daily for 5 days including the day of surgery
Lubricating Drops	Use every 1 - 2 hours for 1 week, then as needed

Fax: _____

ERP: _____