



Name: _____ DOB: _____

What are the required post-op visits?

- + Daily until re-epithelialized
- + 10-14 days
- + 1 month
- + 3 months
- + 6 months

Clinical examination:

Special care should be taken to examine the cornea for any abnormality:

- + Avoid manipulating bandage contact lens or replacing unless absolutely needed. BCL should be re-hydrated with 5 minutes of q30 seconds preservative-free artificial tears and lens movement should be observed on blink or push-up before attempting to remove BCL to avoid epithelial abrasion and sloughing.
- + Central epithelial defect should be visible beneath the BCL and should resolve with noticeable improvement each day.
- + Superficial punctate keratopathy and/or poor tear film may be present and is normal early on.
- + Any sign of infiltrate with PRK should be referred to nJoy Vision to consider culture for possible MRSA.
- + Fourth generation fluoroquinolone antibiotic should be used as long as BCL is in the eye.

Clinical Presentation:

- + 1 day post-operative UCVA may range normally between 20/25 and 20/400.
- + Patients treated for myopia may be slightly hyperopic early on with expected regression toward plano.
- + Patients treated for hyperopia may be slightly myopic early on with expected regression toward plano.
- + Astigmatic patients may show opposite axis cylinder early on with expected regression toward plano.
- + As epithelium heals, a vertical "ridge" of elevated epithelium causing with-the-rule astigmatism which may be exaggerated in cases with pre-operative against-the-rule astigmatism. There may also be a grayish subepithelial haze that appears early on and is normal. It should resolve within the first 4-6 weeks. This is different from PRK stromal haze, which typically doesn't develop until three months post-operatively.

Patient's instructions:

- + Patients should follow all written and oral instructions from nJoy Vision including precautions and use of medications.

Doctor communication with nJoy Vision:

- + Please keep nJoy Vision informed of any complications and feel free to call with any questions or concerns.
- + Please FAX in all post-op examinations to nJoy Vision as soon as possible to 405.842.6130

Steroid	One drop four times daily for 1 week then three times daily for 1 week then two times daily for 1 week then 1 time daily for 1 week
Antibiotic	One drop four times daily until contact lens is removed
NSAID Eye Drops	One drop twice daily for 3 days including the day of surgery
Preservative-Free Artificial Tears	While awake use at least every hour until contact lens removed
OTC NSAID	One tablet every 6 hours for discomfort, as needed
FML	Start AFTER first 7 days -One drop four times daily for 7 days then taper as directed.

Fax: _____

ERP: _____